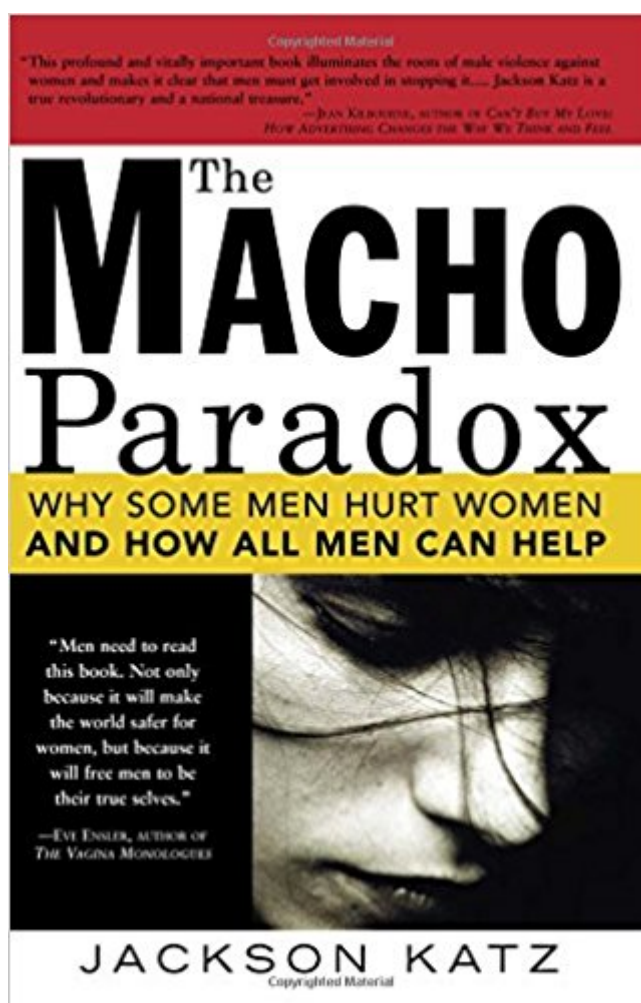


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# The Macho Paradox: Why Some Men Hurt Women And And How All Men Can Help



## Synopsis

Praise for *The Macho Paradox* "An honest, intellectually rigorous and insightful work that challenges readers to truly engage in a political discourse that can change lives, communities and nations."--Rosalind Wiseman, author of *Queen Bees and Wannabes* "Jackson Katz is an American hero! With integrity and courage, he has taken his message--that the epidemic of violence against women is a men's issue--into athletic terms, the military and frat houses across the country. His book explains carefully and convincingly why--and how--men can become part of the solution, and work with women to build a world in which everyone is safer." --Michael Kimmel, author of *Manhood in America*, spokesperson, National Organization for Men Against Sexism (NOMAS) "If only men would read Katz's book, it could serve as a potent form of male consciousness-raising."--Publishers Weekly "This book leaves no man behind when it comes to taking violence against women personally....After reading this book you can see how important it is to be a stand-up guy and not a standby-guy, no matter what race or culture you come from."--Alfred L. McMichael, 14th Sergeant Major of the Marine Corps and now serving as the Sergeant Major of NATO "A candid look at the cultural factors that lend themselves to tolerance of abuse and violence against women."--Booklist "These pages will empower both men and women to end the scourge of male violence and abuse. Katz knows how to cut to the core of the issues, demonstrating undeniably that stopping the degradation of women should be every man's priority."--Lundy Bancroft, author of *Why Does He Do That?: Inside the Minds of Angry and Controlling Men*

## Book Information

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## Customer Reviews

Katz is cofounder of the Mentors in Violence Prevention Program (MVP), and his focus is on prevention—his intended audience is not violent men who need help changing their ways, but all men, who, he says, have a role to play in preventing male violence against women. His basic assertion is that rape, battering, sexual abuse and harassment are so widespread that they must be viewed as a social problem rooted in our culture, not as the problem of troubled individuals. He urges men to directly confront the misogynistic attitudes and behavior of their peers. Some men may find Katz's advice occasionally baffling: he is full of directions about what not to do (such as paternalistic actions that deprive women of their autonomy). He wants to bring men into the larger discussion of pornography (which, he points out, has been dominated by women) and get them to look at its impact on themselves. Katz also presents eye-opening exercises and discussions from the MVP model that engender productive discussion among participants—usually high school or college students. If only men would read Katz's book, it could serve as a potent form of male consciousness-raising. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Katz, an antisexist male activist, repositions violence against women as a broader cultural issue, not just a women's issue. Arguing for a "far-reaching cultural revolution," Katz explores those aspects of American culture that promote violence against women, focusing separate chapters on pornography, prostitution, and other sex-related businesses as well as sexual violence in the military, the music industry, and athletics. He catalogs the troubling statistics regarding domestic violence, sexual harassment, and other acts of violence and hostility by men against women, but he is most powerful when detailing encounters with men and women speaking about their personal experiences. Based on his work with gender violence, the book also offers advice on how men can ally with women to curb violence and change those aspects of the "boys will be boys" attitude on male aggressiveness and masculinity that can lead to violence and abuse. This is a candid look at the cultural factors that lend themselves to tolerance of abuse and violence against women. Vanessa Bush Copyright © American Library Association. All rights reserved

As a male and professional firefighter working in a hyper masculine and sexist environment I found this book to be incredibly enlightening and encouraging as I work to embrace a healthier definition of masculinity and to fight the negative influences associated with my workplace and in broader culture as I build a better me. This book sparked immense interest in and better understanding of gender and violence issues to which I was mostly blind before. It led me to purchase and read Men Speak

Out by Tarrant, A Call To Action by Jimmy Carter, and so much more material as I aimed to educate myself and realign my perspectives and behaviors. I gained valuable insight and perspective into the world of the women in my life. I have now embarked on a mission to do my part through self evaluation and peer education to fight sexism and be sure I am no longer part of the problems of our culture. I think especially for guys who align themselves with stereotypical definitions of masculinity, who are interested in being real men and creating a stronger and healthier self, and who want to work to build a better world for the women (mothers, sisters, wives, daughters, etc.) and men (fathers, brothers, sons, husbands) they love, this book is a must read. I purchased the book on kindle, liked it so much and felt it was so important to my own transformation and endeavors I bought a hard copy so that I can loan it to the important men in my life.

Book talks about why some men have the need to dominate and at times injure women. Book very informative about strives to assist in working with men to help redirect aggressive or hostile behavior. I would recommend this book for professional women, battered women, and definitely for men to read.

This book is so interesting and carefully written and really worth the read. A really interesting look at what creates men who hurt women. Definitely eye opening.

Good for domestic violence survivors and advocates-this book is a call to action for men to help protect the women in their lives from other men.It explains why domestic violence is not just a "women's problem" and provides clear ways for men to help. A must-read.

This is one of the best books I have read in a long time about how to end violence against women. The author analyses very well how the angle must be turned away from the women victims and how to make them safe, and rather towards men's actions and how to prevent them. He also looks at larger structural tendencies and mind sets which contribute to a "culture of rape" and subjugation of women. This is a book with a refreshing voice which shows how to go about strengthening gender equality.

Great read, eye opening, revolutionary.

A great read that was required for me in one of my college classes. Very insightful and it really

helped me learn.

Was required for college class

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